

NielsenIQ Brandbank

Grenade White Chocolate Cookie Flavour 60g



EAN

5060221201810

Target market(s)

GB, IE

Components

Ingredients

Protein Blend (**Milk** Protein, Whey Protein (**Milk**), Calcium Caseinate (**Milk**))

White Chocolate with Sweetener (20%) (Sweetener: Maltitol; Cocoa Butter, Whole **Milk**, Powder, Emulsifier: **Soy** Lecithin; Natural Flavouring)

Sweeteners: Maltitol, Sucralose

Bovine Collagen Hydrolysate

Humectant: Glycerol

Bulking Agent: Polydextrose

Soy Protein

Soy Cocoa Crisps (**Soy** Protein, Fat-Reduced Cocoa Powder, Tapioca Starch)

Soy Oil

Sunflower Oil

Flavourings (**Milk**)

Potassium Chloride

Cocoa Butter

Whole **Milk** Powder

Emulsifiers: Citric Acid Ester, **Soy** Lecithin

Cream Powder (**Milk**)

Colour: Calcium Carbonate

Vanilla

Nutrient Profile Score

Nutrient Profile Score UK - 1

Allergen Tag Text

For allergens see ingredients in **bold**.

Allergy Text

May also contain traces of Gluten, Egg, Nuts, Peanuts and Sesame Seeds.

Nutrition

	100g	60g bar
Energy (kJ)	1471	883
Energy (kcal)	352	211
Fat	13g	7.6g

of which saturates	5.9g	3.5g
Carbohydrate	33g	20g
of which sugars	2.5g	1.5g
of which polyols	30g	18g
Fibre	4.5g	2.7g
Protein	36g	22g
Salt	0.41g	0.24g

Calculated Nutrition

	per 100g	60g bar
Energy (kJ)	1471	883
Energy (kcal)	352	211
Fat (g)	13	7.6
of which saturates (g)	5.9	3.5
Carbohydrate (g)	33	20
of which sugars (g)	2.5	1.5
of which polyols (g)	30	18
Fibre (g)	4.5	2.7
Protein (g)	36	22
Salt (g)	0.41	0.24

HFSS Indicator

HFSS Indicator - Not HFSS

HFSS Food or Drink

HFSS Food or Drink - Food

HFSS Food Category

HFSS Food Category - 4 - Confectionary inc. chocolate and sweets

Product Description

Brand

Grenade

Features

High Protein
Low Sugar
22g Protein Per Bar
1.5g Sugar Per Bar

Standardised Brand

Brand - Grenade

Regulated Product Name

Cookie flavour protein bar in white chocolate with sweeteners

Marketing

Company Name

Grenade (UK) Ltd

Company Address

Grenade HQ,
Marsh Lane,
Hampton in Arden,
B92 0AJ,
UK.

Other Information

Contains polyols: excessive consumption may cause laxative effect.

Further Description

Informed Sport
We test, you trust
Banned substance tested every batch

Nutritional Claims

High Protein
Low Sugar

Health & Lifestyle

Allergy Advice

Cereals Containing Gluten - May Contain
Eggs - May Contain
Milk - Contains
Nuts - May Contain
Peanuts - May Contain
Sesame - May Contain
Soya - Contains

Additives

Sweeteners - Contains

Storage & Usage

Storage Type

Type

Ambient

Storage

Store in a cool dry place.

Brandbank Captured Pack Data

Pack Size

0.13lbs e

Numeric Size

Numeric Size - 0.13

Pack Type

Type - Wrap

Customer Services

Manufacturers Address

Grenade (UK) Ltd,
Grenade HQ,
Marsh Lane,
Hampton in Arden,
B92 0AJ,
UK.

Return To

Grenade (UK) Ltd,
Grenade HQ,
Marsh Lane,
Hampton in Arden,
B92 0AJ,
UK.
GRENADE.COM

Web Address

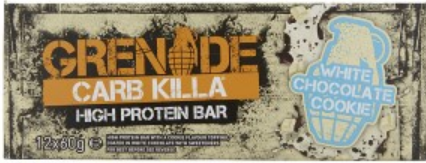
GRENADE.COM

Extended Data

Description Breakdown

Variant - White Chocolate Cookie Flavour





WHY CHOOSE GRENADE "CARB KILLA"?
 A high protein, 10-grain layered white chocolate bar. With over 20g of protein and 2g of impact carbs, Carb Killa™ is a convenient way to consume additional protein between meals without adding unwanted carbs.

HAVE YOU ALSO TRIED...

SPIN
 SWEETENED
 STAYED

WHITE CHOCOLATE COOKIE

100% WHOLESALE AND MANUFACTURED IN THE U.S.A. © 2014 GRENADE LLC



WHITE CHOCOLATE COOKIE
NUTRITIONAL INFORMATION

TYPICAL VALUES PER	100g	60g (2.1oz)
Energy (kJ)	1280	768
Energy (kcal)	306	190
Total Fat	13.2g	7.92g
Saturated Fat	8.2g	4.92g
Cholesterol	25.0mg	15.0mg
Total Protein	21.7g	13.02g
Fiber	1.2g	0.72g
Salt	0.47g	0.282g

INGREDIENTS: Wheat Flour, White Chocolate Chips, Sesame Oil, Sesame Seeds, Eggs, Protein Powder, Coconut Oil, Peanut Butter, Almonds, Cocoa Powder, Vanilla, Salt, Baking Soda, Baking Powder, Guar Gum, Xanthan Gum, Lecithin, Natural Flavors, Stevia Leaf Extract. Contains 10 Whole Grains. Contains Milk, Eggs, Peanuts, Tree Nuts, Soy, and Wheat.

CONTAINS 10 WHOLE GRAINS: 100% WHOLE WHEAT FLOUR, WHOLE RYE FLOUR, WHOLE BUCKWHEAT FLOUR, WHOLE BARLEY, WHOLE OATS, WHOLE CORN MEAL, WHOLE QUINOA, WHOLE SORGHUM, WHOLE AMARANTH.

NET WEIGHT: 30g (1.06oz)

MANUFACTURED IN THE U.S.A.